

7 STUDY TIPS FOR FINAL EXAMS

IT'S NO SECRET THAT COLLEGE REQUIRES A WHOLE LOT OF STUDYING. LEARNING HOW TO STUDY EFFECTIVELY CAN SOMETIMES BE TRICKY, BUT WITH THE RIGHT TIPS AND TRICKS YOU WILL HAVE NO PROBLEM ON YOUR NEXT FINAL.

FIND A STUDY PLACE

Find a quiet place on campus, such as the library, where you can focus on studying for an hour or two and then head home and relax. Whatever study space you choose should be quiet, well lit and have few or no distractions. One hour of focused studying in the library beats several hours of unfocused studying in front of the TV.



REVIEW OLD TESTS & QUIZZES

One of the best active study methods is to find old exams and tests from the course you are studying for.

GET ENOUGH SLEEP

Studies show that the importance of sleep when studying for exams is far overlooked by college students, but it's one of the most important techniques to fuel your mind and body.



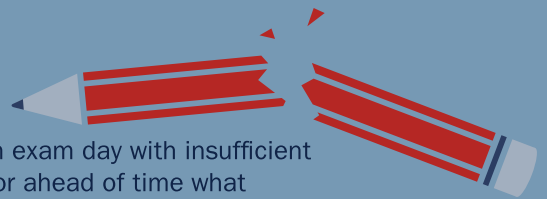
DON'T BE SCARED

Visit your instructor during their office hours. They are there to help you and answer all of your questions.

OFFICE

BE PREPARED

There is nothing worse than showing up on exam day with insufficient materials. Make sure you ask the instructor ahead of time what materials you may need. Remember to bring your clearance slip.



DISCONNECT

We get it. You want to check-in to the library and tell your friends you are studying. Well fight the temptation. Studies show that if you are focusing on studying and take minor social media breaks in between studying you will learn much better.



HAVE CONFIDENCE

Although this may be the toughest final you have to take this semester, focus on your recent accomplishments both in and out of the class as well as taking a deep breath. Keep positive thoughts.



CONNECT WITH US:

f NORTHWEST RANGERS
t @NORTHWESTMSCC

SOURCES: CALS.ARIZONA.EDU - BRIGHTHUB.COM



NORTHWEST
MISSISSIPPI COMMUNITY COLLEGE